

Supervising First Aid for Mental Health



This course builds on the Level 2/5 Award in First Aid for Mental Health and covers a more comprehensive range of mental health conditions and goes into detail on the range of therapies and professional support that a person may be given by professional bodies during treatment for a mental health condition.

- Ofqual or SQA Accreditation regulated qualification.
- We are able to deliver this course on your site, online or we can provide a venue for you.



P+

Connect with us

Tel: 0141 340 9870
www.piece-of-mind.co.uk

**Piece of Mind
Training**

Mental Health First Aid



Course Details

COURSE DURATION

Two Day course

ENTRY REQUIREMENTS

A maximum of 16 people can be accommodated on this course and all candidates must be a minimum of 18 years of age to qualify.

ASSESSMENT

Summative practical assessment is ongoing by the instructor each day, along with a written assessment on each day. A Level 3 Award in Supervising First Aid for Mental Health will be issued to the learner, subject to successful assessment. No external assessors are required.

Course Syllabus

- What is First Aid for Mental Health
- Identifying mental health conditions
- Providing advice and starting a conversation
- Drugs and alcohol
- First Aid for Mental Health action plan
- First Aid for Mental Health in the workplace
- A large range of Mental Health conditions covered in detail

Certification

Upon successful completion of the qualification assessment, Learners will be awarded the Ofqual regulated Level 3 Award in Supervising First Aid for Mental Health (RQF)/Award in Leading First Aid in Mental Health at SCQF Level 6. This qualification is valid for three years from the date of achievement. It is strongly recommended that the learner attends annual refresher training. The learner will need to complete the full course again to requalify for a further three years.

